EXCELLENCE TOURNAMENT

CADETS / CADETTES

BERNARD TCHOULLOUYAN

ISTRES



FREE ADMISSION

SUNDAY 22 NOVEMBER 2026

HALLE POLYVALENTE
ALLÉE DES ÉCHOPPES, 13800 ISTRES

LIGUE SUD JUDO · COMITÉ 13 JUDO · Istres Judo IS · MIZUNO · DÉPARTEMENT BOUCHES-DU-RHÔNE · Ville d'ISTRES www.istres.fr · FRANCE JUDO

SUNDAY, 22 NOVEMBER 2026

HALLE POLYVALENTE, ALLÉE DES ÉCHOPPES, 13800 ISTRES

PROGRAMME

- **Saturday, 21 November 2026** (no weight allowance)

Weigh-in for all weight categories from 5:00-7:00 pm

Athletes who weigh in on Saturday may be subject to random weight checks on Sunday, with a 5% weight allowance.

- **Sunday, 22 November 2026** (1 kg weight allowance)

Weigh-in from 9:00-9:30 am for Women -40 kg, -44 kg, -48 kg and Men -46 kg, -50 kg, -55 kg

Weigh-in from 11:30 am-12:00 pm for Women -52 kg, -57 kg, -63 kg and Men -60 kg, -66 kg

Weigh-in from 3:00-3:30 pm for Women -70 kg, +70 kg and Men -73 kg, -81 kg, -90 kg, +90 kg

Only athletes who have paid their registration through the extranet may weigh in (registration is confirmed once payment is made).

No registration or payment at the venue.

Women: -40 kg, -44 kg, -48 kg **Men:** -46 kg, -50 kg, -55 kg	9:00-9:30 am: Weigh-in (1 kg allowance) + random weigh-in for athletes weighed the previous day: 5% weight allowance 10:00 am: Competition begins Final rounds follow immediately
Women: -52 kg, -57 kg, -63 kg **Men:** -60 kg, -66 kg	11:30 am-12:00 pm: Weigh-in (1 kg allowance) + random weigh-in for athletes weighed the previous day: 5% weight allowance 12:30 pm: Competition expected to begin Final rounds follow immediately
Women: -70 kg, +70 kg **Men:** -73 kg, -81 kg, -90 kg, +90 kg	3:00-3:30 pm: Weigh-in (1 kg allowance) + random weigh-in for athletes weighed the previous day: 5% weight allowance 4:00 pm: Competition expected to begin Final rounds follow immediately

Estimated end time : 6:30 pm

COMPETITION REGULATIONS

- **SEX : WOMEN AND MEN**
- **AGE : CADETS, BORN IN 2010, 2011 OR 2012**
- **ELIGIBILITY : OPEN TO ALL FEDERATIONS AFFILIATED WITH THE IJF**
- **GRADE, LICENCE, PASSPORT, MEDICAL CERTIFICATE :**
  - Minimum green belt
  - Two years of FFJDA licence, including the current year
  - Passport issued within the last 8 years or an identity document
  - Medical certificate required in accordance with FFJDA regulations
- Foreign competitors must provide a valid identity document and authorisation from their national federation
- **ENTRY FEE : €10 PER COMPETITOR**
  - French athletes must register through the extranet by 18 November 2026
  - Foreign teams must register using the form by 18 November 2026 and send it to julia.guerrier@ffjudo.com
- **EXTRANET REGISTRATION AND PAYMENT ARE MANDATORY — NO REGISTRATION OR PAYMENT AT THE VENUE**
- **WEIGHT CATEGORIES :**
  - Women : -40 kg; -44 kg; -48 kg; -52 kg; -57 kg; -63 kg; -70 kg; +70 kg
  - Men : -46 kg; -50 kg; -55 kg; -60 kg; -66 kg; -73 kg; -81 kg; -90 kg; +90 kg
- **REFEREEING : IJF RULES — WHITE JUDOGI**
- **CONTEST DURATION: 4 minutes**
- Competition format : 8 or more competitors: Double-repechage elimination bracket ; 6 or 7 competitors : Two pools followed by an elimination bracket. The top two competitors from each pool qualify for the semi-finals ; Fewer than 6 competitors: Round-robin format
- 7 competition areas

THE TOP 4 IN EACH CATEGORY RECEIVE AWARDS

LIGUE SUD JUDO

FOREIGN DELEGATION REGISTRATION FORM

FRANCE JUDO

Delegation name :

Country :

Email address :

SURNAME	FIRST NAME	DATE OF BIRTH	WEIGHT CATEGORY	GRADE

INFORMATION / HOTELS

Hotel HubOne3 Istres

ZAC du Tube Retorier, Rue Régis Huillier, 13800 Istres — +33 4 90 73 58 55

Website

Ibis Budget Istres Trigance

Zac de Trigance, Chem. de Capeau, 13800 Istres — +33 8 92 70 05 85

Website

Ibis Istres Trigance

Parc de Trigance, 10 Chem. de Capeau, 13800 Istres — +33 4 90 45 15 60

Website

INFORMATION AND ENQUIRIES

LIGUE PACA DE JUDO

JULIA.GUERRIER@FFJUDO.COM

REGIONAL TECHNICAL DIRECTOR: ERIC BUONOMO