

Alpes Judo Fontaine

柔道



Samedi
21
Novembre
2026

Cadets
&
Séniors

AU GYMNASSE ARISTIDE BERGÈS

Plus d'informations :

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ou sur : <https://alpesjudofontaine.assoconnect.com/page/1530548-accueil>

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35th Cadets & Seniors M/F Tournament Alpes Judo Fontaine

Dear President,

Alpes Judo Fontaine is pleased to invite you to its 35th Cadets & Seniors M/F Tournament, which will take place on Saturday, 21 November 2026.

ARISTIDE BERGES Gymnasium,
25 All. des Balmes, 38170 Seyssinet-Pariset
Grenoble metropolitan area

Grade / Championship relation 8 competition areas

Please find below the tournament rules and schedule.
We hope to welcome you among us and send you our sporting regards.

The Executive Committee members.

Useful contacts

Contact	Phone / availability
Club	04 76 26 05 71 — from 6:00 p.m. to 9:00 p.m. on Mondays, Tuesdays and Thursdays
Corine VIROULAUD-CUCCHIARA	06 82 16 15 64
Maxence LÉLY	06 79 37 31 26
Jérôme VIROULAUD	07 78 98 77 91



Tournament Rules

Article 1: Registration

For foreign judokas, registration must be completed via the **following Forms link: [Registration form for competitors](#)** and must be submitted before **Saturday, 14 November 2026 at 11:59 p.m.**

The following information will be required:

- Last name
- First name
- Date of birth
- Age and weight category
- Belt level
- Club
- Country of the judoka

No registration will be accepted on the day of the competition.

Registration will only be considered final once the corresponding payment has been received.

The withdrawal and refund conditions are specified in Article 2 of these rules.

Article 2: Entry Fees

- **€12** for cadets and seniors, from the opening of ticket sales until **Saturday, 7 November 2026 at 11:59 p.m.**
- **€15** from **Sunday, 8 November 2026** to **Saturday, 14 November 2026 at 11:59 p.m.**

Payment must be completed, no later than **November 14, 2026 at 11:59 p.m.**, using the following link: **[Payment link](#)**. Any bank transfer fees incurred must be paid by the sender and may not be deducted from the amount due.

For all competitors, **access to the weigh-in will be conditional upon receipt of payment.**

Withdrawals free of charge will be possible until **14 November 2026**. The entry fee will then be fully refunded.

From **15 November 2026**, no refund will be made for registered judokas who are absent on the day of the competition, except upon presentation of a medical certificate.



Article 3: Refereeing

Refereeing will be conducted in accordance with the current sporting regulations of the **International Judo Federation (IJF)**.

Anti-doping testing may be carried out at any time during the competition.

Article 4: Coaches rules

A quota system is applied as follows:

Registered min.	Registered max.	Nb of coach(es) max.
1	4	1
5	9	2
10	14	3
15	19	4
20	24	5

Each coach must be accredited and **registered in advance** using the following link: **[Registration form for coaches](#)**.

Appropriate dress code is mandatory: shorts, judogi and any head-covering accessories are prohibited.

Any coach who fails to comply with **IJF regulations** may be excluded from the competition area.

Article 5: Weigh-in Rules

At the weigh-in, **competitors must present:**

- A valid **identity card** or **sport passport**;
- **Proof of payment** for the tournament (for Saturday, 21 November);
- And hold a minimum rank of **green belt**.

Foreign competitors must be in good standing with their national federation and the IJF, and must have valid health insurance coverage in their country of residence.

No weight allowance will be granted, except for **minor competitors**:

- **Girls: +200 g**, provided they weigh in wearing a T-shirt and underwear.
- **Boys: +100 g**, provided they weigh in wearing underwear only.



Special Case: Competitors participating in the Senior Competition on Saturday and the Veterans Competition on Sunday

Competitors registered for both the **Senior competition on Saturday** and the **Veterans competition on Sunday** will be weighed only once, prior to the start of the Saturday competition.

The result of this weigh-in will also be used for the Veterans competition on Sunday and will therefore remain valid for both events.

The competitor may still be selected for a random weigh-in on Sunday. In such a case, a 5% weight tolerance will be applied.

Article 6: Competition Format

The competition will be held in **pools** or in **draws with double repechage**, depending on the number of entries in each category.

The number of participants is **limited to 32 competitors per weight category**.

Entries will be validated on a **first-come, first-served basis**, provided that the registration file is complete. Only the first 32 registered competitors in each category will be accepted.

Registration will only be considered final **upon reception of the entry fees**.

The organizing committee nevertheless reserves the right to lift this limitation if organizational conditions allow it.

Article 7: Awards

Medals will be awarded by age and weight category:

- **3 medals** for competitions held in pools;
- **4 medals** for competitions held in draw format.

A medal may only be awarded to a competitor who has actually competed.

A prize will be awarded to the winner of each category.

Article 8: Grade / Championship Relation

The Grade / Championship relation will be validated with the **Auvergne-Rhône-Alpes Judo League**.



Article 9: Competition Area

Sports bags must be left in the stands.

Competitors may access the competition area only with a small bag containing their essential personal belongings, such as:

- compact backpack,
- plastic bag.

The maximum authorized capacity is **10 liters**.



Weigh-in and Competition Schedule

Saturday, 21 November 2026

Weigh-in time	Category	Weight categories	Start of contests
7:30 a.m. to 8:30 a.m.	Male Cadets born from 2010 to 2012	-46 kg, -50 kg, -55 kg, -60 kg, -66 kg	9:15 a.m.
9:30 a.m. to 10:15 a.m.	Male Cadets born from 2010 to 2012	-73 kg, -81 kg, -90 kg, +90 kg	11:00 a.m.
11:15 a.m. to 12:15 p.m.	Female Cadets and Female Seniors	All female categories	1:00 p.m.
1:00 p.m. to 2:00 p.m.	Male Seniors born in 2006 or earlier	-60 kg, -66 kg, -73 kg	2:45 p.m.
3:00 p.m. to 4:00 p.m.	Male Seniors born in 2006 or earlier	-81 kg, -90 kg, -100 kg, +100 kg	4:45 p.m.